**Patient Name:** CALLANDS-THOMAS, GERALDINE

**Date of Birth:** 12/09/1952

**Date of Service:** 05/17/2022

**History of Present Illness:**  
The patient is seen today for postop orthopedic follow-up evaluation. Patient is status post left shoulder surgery on 04/18/2022 and is here for 1-month postop follow-up. Patient started PT last week.

The patient complains of left shoulder pain that is 5/10, with 10 being the worst, which is sharp and shooting in nature. Left shoulder pain increases with lifting, movement. Left shoulder pain improves with resting.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Tonsillectomy.

**Past Accident/Injuries:**

**Daily Medications:**  
None

**Allergies:**  
Penicillin.

**Social History:**  
Patient is working and works as resource specialists.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet 5 inches tall weighs 225 pounds   
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Left Shoulder:**  
Examination of the shoulder revealed no tenderness to palpation. There was well healed portals. NUI\_\_\_\_\_. There was no effusion. No crepitus was present. No atrophy was present. Hawkins, drop arm, and apprehension tests were negative. Range of motion Abduction 80 degrees(180 degrees normal ) Forward flexion 130 degrees(180 degrees normal ) Internal rotation 30 degrees (80 degrees normal ) External rotation 45 degrees(90 degrees normal )

**Diagnostic Imaging:**  
12/02/2021 - MRI of the left shoulder reveals AC joint arthrosis with narrowing of the supraspinatus outlet and impingement. Rotator-cuff tendinopathy and fraying. Arthrosis of glenohumeral joint with joint effusion. Diffuse labral tear. Biceps tendinopathy with tenosynovitis.

**Assessment and Plan:**  
Diagnosis: Status post left shoulder arthroscopy.   
Recommend PT x6 weeks.

The patient’s Left Shoulder was examined   
MRI of the Left Shoulder was reviewed.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**